

Course Syllabus

Person-Centered Care in Somatic Health Care 15 Credits, First Cycle

Learning Outcomes

Upon completion of the course, students will be able to:

- critically reflect on all stages of the nursing process based on a person-centred and evidence-based approach and with a view to the patient's care and medical needs,
- with the support of a supervisor, systematically implement the nursing process for a few patients while adopting a safe, person-centred and evidence-based approach,
- with the support of a supervisor, in a systematic, correct and clear manner, communicate, document and report information of relevance for patients' care to team members and other healthcare providers,
- with the support of a supervisor, systematically plan, prioritise and allocate work duties within the care team, as well as consult and collaborate with other team members with the profession of registered nurse as a reference point,
- adopt a professional approach and identify their strengths, limitations and strategies for learning,
- communicate with patients and relatives with a certain level of independence in an appropriate, clear and empathetic manner that is adapted to the individual and the situation,
- understand current guidelines, laws and provisions and, with the support of a supervisor, apply these in the provision of care and treatment to ensure both their own safety and the safety of others,
- with the support of a supervisor, use digital tools and technical equipment in healthcare in a correct and safe manner, and evaluate information provided by these,
- with the support of a supervisor, handle medication in a correct and safe manner and provide individualised information adapted to the situation about the effects and side effects of the medication,
- manage residual waste and consumables in a safe and sustainable manner,
- perform cardiopulmonary resuscitation (CPR) for adults according to current guidelines for healthcare professionals and relate to theoretical and ethical knowledge of cardiopulmonary resuscitation,
- identify areas for improvement to promote the safety and quality of care.

Course Content

Assessment

Grades

The grading scale used for the final course grade is U–G.

Grades are reported as follows:

- Clinical nursing somatic care 1 - 13 Credits | U–G
- Clinical nursing somatic care 2 - 2 Credits | U–G

Prerequisites

Anatomy and Physiology II, 7.5 credits, The Humans Need for Basic Care, 10.5 credits, Pharmacology 4.5 credits, Humanity and Health in a Societal Perspective 7.5 credits as well as 11 credits from Methods and Theories Regarding Signs and Symptoms of Health/III Health I, 30 credits

Other Information

This course cannot be counted towards the same degree along with courses that have equivalent content.

If the student has received a decision/recommendation granting study support from Dalarna University because of a disability, then the examiner has the right to offer an alternative examination arrangement. The examiner takes into account the objectives in the course syllabus when deciding whether the examination can be adapted in accordance with the decision/recommendation.

Subject:

Nursing

This course can be included in the following main field(s) of study:

1. Nursing

Progression Indicator within (each) main field of study:

1. GIF

Approved:

Approved 5 December 2023
Valid from 5 December 2023